

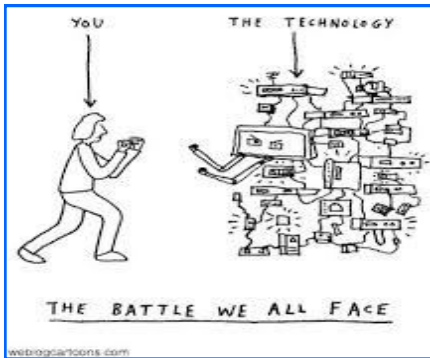


BITS AND BYTES
**ANGLICARE RETIREMENT VILLAGES
 COMPUTER CLUB INC.**
SEPTEMBER 2022



Is Technology Worth the *Struggle*?

A recent survey, found there were high levels of digital device ownership amongst older people, but moderate levels of confidence in using them.



Do you have devices not used?

Many older people who struggle with these devices felt they lacked support. Their own families often displayed a 'can't be bothered explaining attitude'. 44% who did ask for help, approached their adult children first. 23% listed their children as 2nd choice. Many reported adult children weren't patient or willing to help.

Why is this?

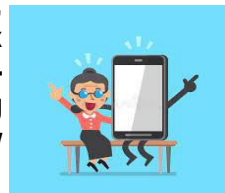
Explaining evolving technologies to someone who isn't a digital native can carry a lot of emotional tension. Some said families didn't want them to have more technology because they thought this would result in more work for them.

'My daughter wouldn't allow me to have a computer. She said I didn't need it!'

On the other hand, some seniors didn't ask for help as they didn't want to be dependent or seem technologically inept.

What about the grandkids?

Those surveyed reported their grandchildren were generally more eager to advise but few went to them first. Although grandkids hearts were in the right place, grandkids tended to fix a specific problem **without actually teaching their grandparent how to do it.**



Would you go to a Professional?

15% in the survey said they would go to a professional 1st and 21% said this would be their 2nd choice. Professionals in retail outlets were **not well trusted** and many felt they had a sales agenda to push.

13% of seniors reported asking their spouse while 8% asked a friend of their own age. In both cases the advice was not helpful and sometimes **plain wrong.**

What can you do here at ARV?

Here at ARV there is a solution to these problems. Club services, technicians, tech mates & digital mentors invest time in helping members use their devices.

The Club aims to boost the confidence of members as they work with technology, helping them to live more independently.

Ask for Help!

As governments and businesses digitise their services to save money, it gets more difficult for older Australians. The ARVCC aims to assist members in dealing with challenges.

Ring 9899-7551

Book an appointment either in your home with your devices which can't be moved, or bring them along to the Bradford Rooms.

87% of the older Australians surveyed, **believe digital services have made their lives easier.** 17% said they use a mobile phone (up 11% since 2018) while 75% used a search engine daily.

If it's a struggle for you

It's worth remembering, the rewards are proportional to the effort!

2023 ARVCC Calendar

We are currently taking orders for our 2023 Club Calendar. Our 2022 Calendar *sold out!*

Again, Ken Bansgrove has done an amazing job, taking terrific 'shots' of our wonderful site here at Castle Hill.

What a great Christmas present for a close friend or your family member!

A Calendar in the kitchen is still relevant and useful!

Phone 9899 -7551 to place orders approx \$18

GREAT BUY!

MEMBERSHIP SUBSCRIPTION 2022/23

Have you renewed your Annual Subscription of \$20 membership?

Thankyou to all our members who renewed membership in July / August Some even in June.

Simply Superb!



Thank You

Jo Wickens



After a wonderful 12 month contribution to our Reception team, Jo Wickens has quietly moved to other interests. Jo saw us through Reception changes & helped to 'cement' systems & procedures which have kept us running smoothly. Jo's partnership with Elaine Barker at Reception was a great contribution. We wish you well Jo. **Grateful thanks.**

LOOKING FOR CLUB SUPPORT We are currently looking for members who could be part of our **Receptionist 'pool'**. Ring **0490 554 278** & speak with **Neil Davidson** if you can help. Not onerous—guaranteed to be enjoyable!

**SPRING SAPOROUS
LUNCHEON—Wed Oct 19**
2 Course At Wills 12.00pm **\$40**
WITH STORY TELLERS
Ring for Bookings 9899-7551
Tickets Bradford Rooms -

- ♦ **Card purchase**
- ♦ **EFT Westpac Bank —**

ARV Computer Club
BSB 032 173 A/c No.— 348618
Reference on payment
Your SURNAME/LUNCHEON

A MyGov Account ?

If you are online & communicate with Medicare, Centrelink or Vet Affairs, easier to **send a message through a MyGov Account. Let us help you set up your Account.** Ring for a Booking with a technician /techmate and work through several stages to get your account operating. **You must be online with an email address.**

**OUR NEXT GUEST SPEAKER
ZOOM MEETING.**

Tuesday September 6. 1.30pm

Emeritus Professor Michael Regan

Integrated Transport Innovation.

Research funding is over \$18M.

Automated & Autonomous Vehicles

The human factors and safety !

The **ZOOM** will be available on your own device in your home or in **MENZIES.**

<https://us02web.zoom.us/j/6437159221?pwd=SjlheUVmdDVEVjV0bVA5>

Meeting ID:643 715 9221

Passcode: 887384

**THANK YOU
NORM CONNELLAN**



Grateful thanks for your time as Club Secretary, Norm. From Glenhaven Green, Norm stepped up to offer his many years of business experience along with his keen sense of humour. We wish you well Norm and send our very best wishes. **You will be missed!**

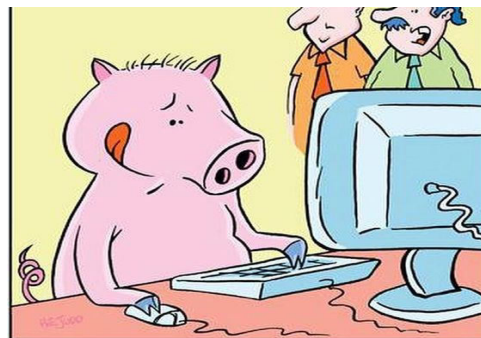
NEW MOBILE PHONE LAWS

In 2021 there were **67,000 Scam texts.**

Under new mobile laws, **providers must identify, trace, block and share** any report with other providers. Hence you may hear a lot more about scams. They have to report them.

Continue to be vigilant, **never giving anyone remote access to your phone/screen**, even if they claim to be from NBN, TESTRA or OPTUS etc. **Never click on or download an app, attachment or URL internet link** you may receive via email **from an unknown source.** If you are unsure, leave it alone and ring the Club!

If you unintentionally give personal ID to someone— **ring ICARE 1300 432 273.**



"He's our Spam expert!"



**Unit #7 5 Hudson Place
Castle Hill. 2154.**

Just a reminder that our Club has an arrangement with Cartridge World for our members to order **ink cartridges or toners**, either by phone or online. These are then delivered to our Club for pickup. Payment is to be made to Cartridge World at time of ordering.

Phone: 9659 5366



Presidents Report Aug 8th 2022

- Excellent response **new Techmate.**
- Blinds** quote completed for northern side of ARVCC Rooms
- New Membership Database** operating under Geoff Litchfield.
- **Hopetoun & Nuffield help** Proposal.
- **ARVCC History document**—editing & photos. Proposed timeline end 2022.
- ARVCC **Calendar orders** 2023 opened up. *Thank you Ken Bangrove.*
- Nominations for 2023 Committee.** Please lodge asap.
- Sapio Installation** in ARVCC Rooms
- Bradford Rooms** locks checked
- Battery Bin** with lock & small hole for batteries located top of ramp door.
- Minute Sec.** Jan Andrew offered to be Minute Sec. until such time as Sec. found. **THANK YOU**

Neil Davidson

VILLAGE REPRESENTATIVES

Mowll

- Neil Davidson (Vice President & Guest Speakers)
- Trevor Arnett (Village Rep)
- Elaine Barker (Village Rep)
- Chris Keay (Village Rep)
- Geoff Litchfield (Membership)

Warrina

- Lynton Bradford (Vice President)
- Clare Hamilton (Training)
- Rod Roberts (Welfare)

Nuffield

- Elizabeth Pedersen (Treasurer)
- John Gaffey (Genealogy)

Hopetoun

- Jeanette Westley (Village Rep)
- June Murray (Village Rep)
- Glenhaven Green
- Jan Andrews (Village Rep)

**Computer Club Rooms
Ground Floor, Lober House.**

Phone 9899 7551

e-mail: computer.club@anglicare.org.au

Visit us on our website: arvcc.org

The Club is OPEN -

Tuesdays 9.00-12.00 noon

Thursdays 9.00-12.00 noon

For technical help please phone for appointment

For sales of
Cards, badges &
other items just
come in.



Editor Marilyn Davidson

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